

# **Young Adult Cancer Survivors**

# Your Voice

# Research Opportunity for Young Adult Cancer Survivors: Help Develop a Stress Management Program

Researchers at Northwestern University are designing a program to improve stress management and quality of life for young adult cancer survivors. We are seeking your participation to help to make sure it is designed with your input and suggestions.

### Who?

Young adults 18-39 years old, who were diagnosed with a non-metastatic cancer while aged 18-39, and completed cancer treatment within the past 2 years.

## What?

If you choose to participate, you will be asked to review a packet of information about the program. You will also be asked to attend a one-time virtual focus group for 1.5-2 hours to provide feedback.

# Where?

The focus group will be held online via videoconference. You may participate from wherever you have an internet connection.

## When?

We are hoping to hold the groups in Spring 2021 and will work with you on scheduling.

# **Compensation?**

You will be compensated up to \$50 for your time.

If you are interested in participating, please contact the study coordinator Madison Lyleroehr at <a href="madison@northwestern.edu">madison@northwestern.edu</a>

#### IRB Study Name and ID

"Developing TOGETHER-YA" STU00214055

Approved by NU IRB

#### Principal Investigator

Rina Fox, PhD, MPH

#### **Contact Information**

For more information or to sign up please email Madison Lyleroehr at: madison@northwestern.edu